

ACROSS THE SPECTRUM



50TH ANNIVERSARY CELEBRATION

On June 21st, Spectrum Health Systems celebrated its 50th anniversary at the historic Mechanics Hall in Worcester, Massachusetts. The event featured a video tribute recapping Spectrum's 50-year history, delicious food catered by Peppers Artful Events and the inspirational story of Tony Hoffman, former BMX Elite Pro, Olympic coach, acclaimed speaker and founder of The Freewheel Project. Special thanks to everyone who joined Spectrum to celebrate this significant achievement.



IN THIS ISSUE

- PRESIDENT'S MESSAGE
- A LOOK BACK AT SPECTRUM'S 50-YEAR HISTORY
- NEW BOARD MEMBER JOINS SPECTRUM
- SPECTRUM EXPANDS PSYCHIATRY PRACTICE
- NEW PROGRAM ANNOUNCEMENTS



Building better lives...
one step at a time

PRESIDENT'S MESSAGE



The year was 1969. The Beatles were near the height of their popularity. The Vietnam War was raging, and violent anti-war protests were common. We put a man on the moon and brought him home safely. And, Challenge House was

established, later to be named Spectrum Health Systems, Inc.

Since those early days in Methuen, Spectrum has grown into the largest provider of addiction services in Massachusetts, with programs in multiple states and nearly 1,400 employees. Quite a transformation. That transformation will continue as we expand into more and diverse markets, integrate behavioral healthcare with our addiction programming and develop new and better treatment methods.

Since the company's founding, we've weathered multiple addiction crises, including today's opioid epidemic. Over the years, Spectrum has always worked tirelessly to provide the most effective and accessible treatment possible. As we celebrate our 50th anniversary, we've made a commitment to serving 500,000 more people by 2025 to further combat the issue throughout the region.

Spectrum is fortunate to have highly talented, dedicated staff at every level, a fact that makes me extremely proud to be a member of this organization. Together we can achieve this goal. I'm not sure what's in store for the next fifty years, but I do know that Spectrum Health Systems will be at the forefront of helping individuals recover, rebuild and reclaim their lives.

Sincerely,

Kurt Isaacson
President & CEO
Spectrum Health Systems



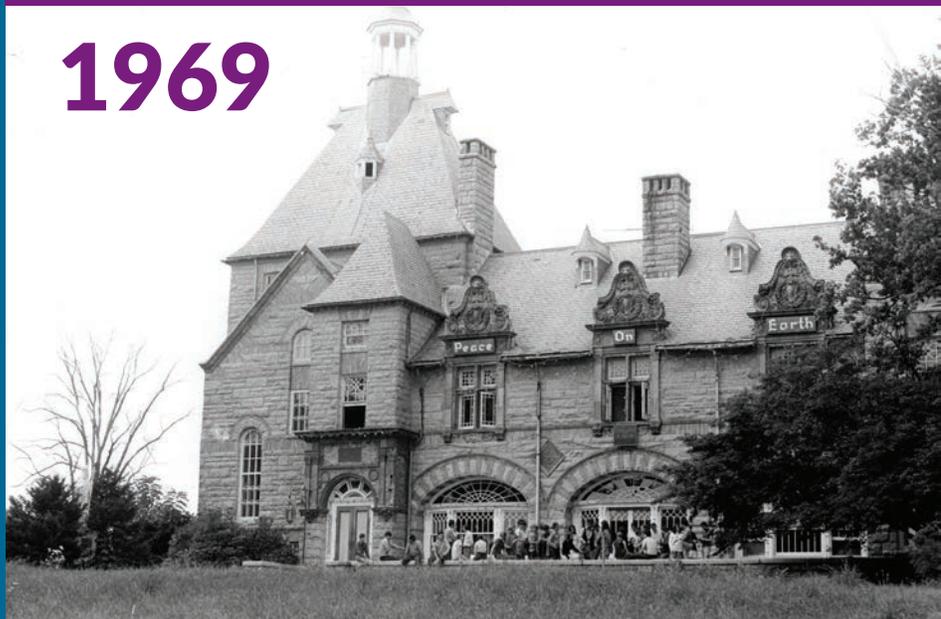
Spectrum
HEALTH SYSTEMS

A History of Changing Futures

At Spectrum, we believe that recovery is not something that simply happens by itself. Recovery takes time, understanding, motivation, commitment and hard work. Sometimes recovery means taking a step backward in order to take several steps forward.

Spectrum's success over the past 50 years is the result of thoughtful planning, dedicated effort and countless contributions on behalf of our mission. Here's a look back at some of the major milestones throughout Spectrum's 50-year journey.

1969



Originally known as "Challenge House," Spectrum was founded in 1969 during the "drug epidemic" of the late 1960s. Located in Methuen, the first residential treatment program was based on the therapeutic community model in which participants live with their peers and counselors for six to twelve months while learning the skills needed to beat their addiction.



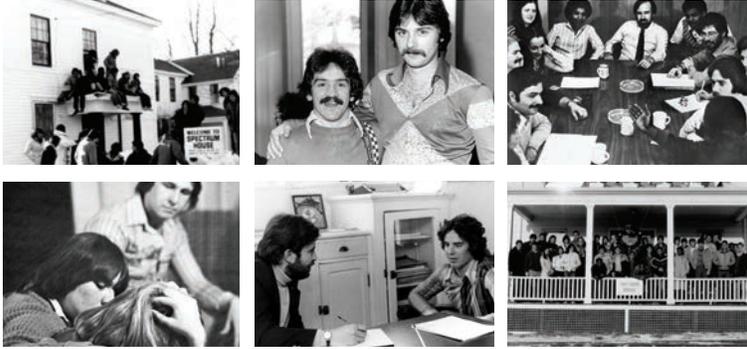
Challenge House relocated to Shirley in 1971, then to Grafton in 1976, and again to Westborough in 1980 when it took the name of "Spectrum House."

1970s - 1980s

Over time, Spectrum added other services, including an inpatient detoxification program, outpatient counseling and methadone treatment. Spectrum's management team also started looking for other ways to diversify.

"We wanted to reach populations that we weren't reaching, and broaden our revenue and funding sources."

~ Charles Faris, Former CEO



1986

Spectrum became the first community-based addiction treatment provider to be accredited by the Joint Commission. In 2000, Spectrum received CARF accreditation (formerly known as the Commission on Accreditation of Rehabilitation Facilities) which it has maintained ever since.

carf INTERNATIONAL

1993

Spectrum won a first-of-its-kind contract with the Massachusetts Department of Correction to provide all treatment services for offenders with substance use disorders in the state correctional system.

"Massachusetts was very much on the cutting-edge at that time, with their mission of having one vendor with a consistent treatment approach."

~ Peter Paolantonio, Former Chief Clinical Officer

Soon after, Spectrum established a Corrections Division which has grown significantly over time, eventually winning contracts in ten separate states throughout the country. Our specialized substance use treatment and recidivism reduction programs currently operate in prison and community-based settings throughout Massachusetts, Georgia, Tennessee and Virginia.

1996

Spectrum created an Adolescent Division to address the needs of court-involved youth with histories of substance use and juvenile delinquency. Over the years, Spectrum has provided a full continuum of adolescent programming for the Massachusetts Department of Youth Services, ranging from community-based day reporting programs to shelter care to fully secure treatment and detention facilities. At one time, Spectrum also operated very successful adolescent programs in both Hawaii and Arizona.

1997

"Spectrum House" changed its name to Spectrum Health Systems to better represent the organization's expanding array of programs and services.



1998

Spectrum completed construction of a 4,800 square-foot addition on the grounds of the Westborough Treatment Campus, concluding a two-year, \$1.1 million capital campaign. The new two-story addition allowed Spectrum to move all 72 detoxification beds under one roof.



2008

With funding provided by the Massachusetts Department of Public Health, Spectrum opened peer recovery support centers in Worcester and Marlborough, adding a much-needed resource aimed at helping individuals living in the community sustain their recovery. Based on their success, Spectrum later opened a third peer recovery center in Lawrence in 2015.

2010

Spectrum dedicated its newly constructed \$2.5 million, 18,000 square foot inpatient facility, "Giblin House," in honor of Kevin Giblin, long-time supporter and generous donor to Spectrum's mission. Located on the Westborough Treatment Campus, the building initially housed Spectrum's Women and Children's program for many years. Now it provides inpatient detoxification services to thirty-six men and women.



2014

Spectrum was honored by the Worcester Business Journal as one of the “top workplaces” in Central Massachusetts, in the area of education, training and career development. Over time, Spectrum has invested significant time and resources to providing a “Top Workplace” environment, including several initiatives designed to develop employees, enhance their skills and support their efforts in helping clients regain their lives.

2015



Spectrum created a subsidiary, known as the New England Recovery Center, to help address the shortage of inpatient treatment options tailored to commercially insured individuals in Massachusetts, while continuing the organization’s commitment to improving access to treatment for all in need of recovery. The New England Recovery Center currently offers 88 beds to private pay and commercially insured clients seeking inpatient detoxification and/or residential treatment.



Spectrum also opened a brand new, 40,000 square-foot inpatient treatment facility, named the “Charles J. Faris Recovery Center” in honor of retiring CEO Charles Faris and his 44 years of service. Located on a hill overlooking Spectrum’s Westborough Treatment Campus, the 104-bed facility features expansive windows, a fitness center, media room and professional-grade dining services.



2017

Spectrum continued its expansion, opening three new outpatient locations in just one year. Today, Spectrum operates fourteen outpatient treatment centers located throughout Massachusetts. Services include all forms of medication-assisted treatment and a range of counseling programs for substance use and mental health disorders.



“Opioid addiction has become a public health crisis. We continue to respond to the demand for treatment programs in certain areas of our state. Providing better access to treatment for those fighting addiction will help save lives and ultimately benefit the community as a whole.”

~ Kurt Isaacson, CEO

Later that year, Spectrum introduced a new company logo. The updated design is symbolic on many levels. The shape of the stacked squares depicts the steps involved with recovery, emphasizing continual growth and progress over time. The different shades of the squares in the icon represent diversity and the interconnecting lines signify Spectrum’s treatment of the whole person.



2018

After a year-long construction project, Spectrum opened a beautiful Healing Garden on the grounds of the Faris Recovery Center in Westborough, MA for clients and families to enjoy while participating in treatment.

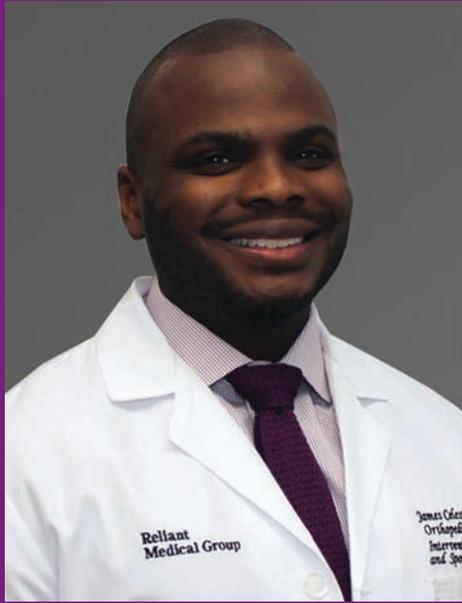


2019

Today, Spectrum Health Systems employs nearly 1,400 individuals and serves more than 80,000 clients each year. Our dedicated staff continues to work at the forefront of the addiction recovery field, ensuring high quality, best practices throughout our system of care.

Spectrum’s success is a credit to the entire organization, both past and present. Special acknowledgement is due to all our clients, whose commitment, motivation and achievements inspire us to continue the fight against addiction for all the people who need us, now and in the future.

NEW BOARD MEMBER JOINS SPECTRUM



Spectrum is pleased to welcome James Celestin, M.D. to its Board of Trustees. Dr. Celestin joins Spectrum's board as an attending physician at Reliant Medical Group in Worcester, Mass. in the Department of Orthopedics and Reconstructive Surgery. At Reliant, he specializes in interventional pain management and provides comprehensive pain care to patients.

"For people struggling with addiction, it's important to have a holistic view of the person on a medical and personal level," said Dr. Celestin. "Many opioid addictions begin with a prescription for pain medications following a traumatic event or surgery, for example. By understanding where their addiction started, we are better able to deliver personalized treatment. Spectrum provides a comprehensive structure that allows us to place incoming clients in the most appropriate program for their stage of recovery."

Dr. Celestin completed his fellowship training at Brigham and Women's Hospital, Department of Anesthesia at Harvard Medical School and his residency at Brigham and Women's Hospital in the Department of Psychiatry at Harvard Medical School. He is a graduate of the Icahn School of Medicine at Mount Sinai in New York City and Harvard University in Cambridge, MA.

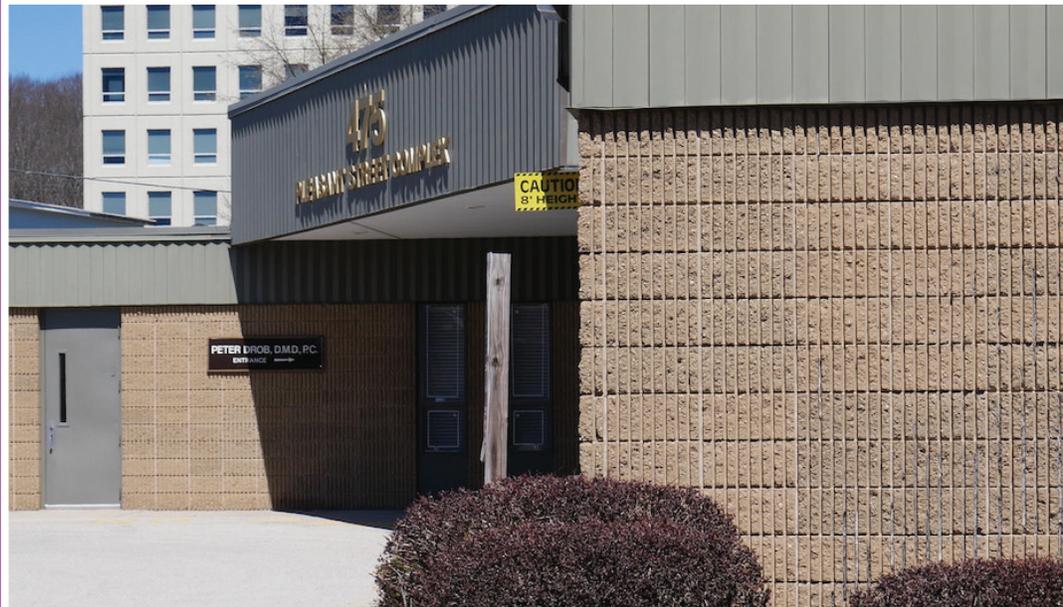
SPECTRUM EXPANDS PSYCHIATRY PRACTICE

Spectrum recently announced the appointment of Matthew Bock, DNP, RN, PMHNP-BC as Psychiatric Mental Health Nurse Practitioner.

"We're thrilled to welcome Matthew Bock to the Spectrum team as we continue to expand treatment for both addiction and mental health," said Kurt Isaacson, president and CEO. "Our multidisciplinary approach to addiction treatment addresses the whole person, because we understand that mental health care is critical to success in recovery. By continuing to invest in our psychiatry practice, we're helping clients establish a strong foundation to carry with them for the rest of their lives."

Bock works with medical and clinical staff to manage the care of clients undergoing treatment for co-occurring disorders. People with substance use disorders often struggle with ongoing mental health illnesses sometimes complicated by past trauma, abuse, sexual assault and other situational factors, though few treatment centers are equipped to treat multiple disorders at the same time.

"Spectrum provides an all-inclusive approach to addiction treatment that is hard to find," said Bock. "I'm excited to make a difference as we continue to forge the way to providing integrated treatment standards during this unprecedented public health crisis."



NEW PROGRAM ANNOUNCEMENTS

Spectrum recently opened a new outpatient treatment center which offers rapid access to medication-assisted treatment at 475 Pleasant Street in Worcester with funding from the Massachusetts Department of Addiction Services. Same-day admission and walk-in access are available during specified hours to eligible individuals seeking buprenorphine and naltrexone services. Once stabilized, clients are transitioned to community-based providers for longer-term maintenance, as appropriate. For more information, please call (774) 314-4761.

Spectrum was also awarded a \$2.7 million three-year contract by the Essex County Sheriff's Department in Massachusetts to operate a variety of programs for inmates and detainees under the County's supervision. Services include an 80-bed residential treatment program at the Essex County House of Correction, two 28-day post-detox treatment programs, specialized programming for women at the Women in Transition Center and outpatient treatment at the Essex County Pre-release and Re-entry Center and three local community corrections centers.



10 Mechanic Street, Suite 302
Worcester, MA 01608

Return Service Requested

NONPROFIT ORG.
U.S. POSTAGE
PAID
PERMIT NO. 2
WORCESTER, MA



Shop Smile.Amazon.com and choose **Spectrum Health Systems, Inc.** to help enhance and expand Spectrum's services for people in need.

CONTACT US

Admissions
1-877-MyRehab

General Information
508-792-5400

Visit Our Website
SpectrumHealthSystems.org

CONNECT WITH US



CELEBRATING 50 YEARS OF CHANGING FUTURES

Founded in 1969, Spectrum Health Systems, Inc. is a private, non-profit substance abuse and mental health treatment provider serving more than 80,000 clients per year. Spectrum's comprehensive continuum of addiction treatment includes inpatient detoxification, residential rehabilitation, outpatient services, medication-assisted treatment and peer recovery support.